



MISSION

CAPA breaks the destructive cycle of child abuse and neglect by equipping parents, children and their caregivers with necessary skills, knowledge and values.

VISION

All children deserve to be **loved, nurtured** and **kept safe** from intentional and unintentional harm.

Child Abuse Prevention Association 2013 ANNUAL REPORT

WWW.CAPABEAUFORT.ORG

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A letter from Kim Duke-Clark, Board President

What an exciting year 2013 has been for CAPA. We started the year with great plans to raise awareness of child abuse in our own "backyards" and to take a critical look at CAPA's role in breaking the cycle of abuse. The calls started immediately in the New Year, with reports of children in need of a safe home or of local families in a crisis. CAPA stood ready to help.

CAPA's mission is to break the cycle of child abuse, but at the same time we must provide immediate help to the children that are at most risk. The Board of Directors, alongside a talented CAPA staff, and numerous volunteers, has worked countless hours to ensure that these children's needs are met. The Open Arms Shelter, now a level one group home, provided a safe haven for an average of 12 children each day in 2013. Our residents are with us for a lot longer now which has changed our role. Our residential facility is a vital lifeline for the children and is an integral partner in planning for a successful subsequent home, - what we call forever homes.

None of this would be possible without generous donations from our CAPA supporters. We all work together to make a better community and make great strides in breaking the cycle of child abuse.

It has been an honor and humbling experience to serve as the Board of Directors' President. I take with me memories and a deepened commitment to child advocacy.

As we look back, 2013 was a year of challenge. How can we get to the root cause of child abuse and neglect and break the cycle of dysfunction and destruction?

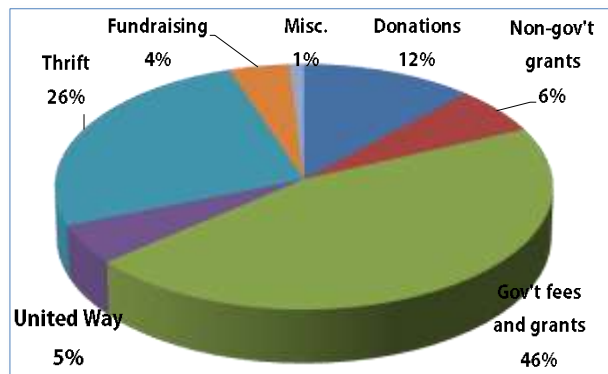
At the urging of the Beaufort County Department of Social Services' Director Julie Schneider, CAPA joined other area partner agencies in looking at ways to better understand and mitigate the long-term effects of trauma. As a result, all CAPA programs were reviewed through what it known as a trauma lens. We looked deeper into family functioning to determine what part past experiences play on the development of the adults and children that we serve.

Our actions in 2013 were guided by reducing trauma on those we serve and recognizing how past unresolved trauma impacts our efforts to break the cycle of child abuse and neglect. Trauma assessment has become part of our initial assessment for our program participants and guides treatment services across the organization.

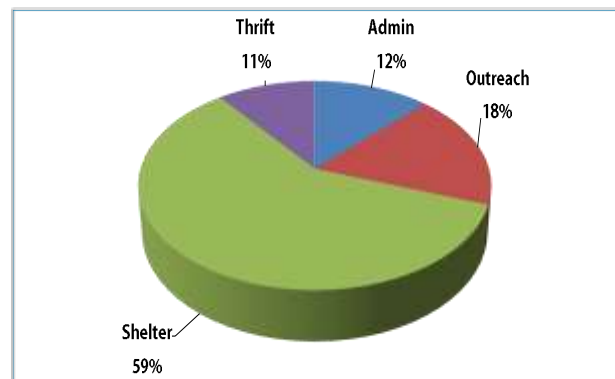
In July, CAPA became an affiliate chapter of the National Exchange Foundation. This affiliation has introduced us to more than 75 child abuse prevention centers nationwide and the evidence-based, best-practice programs they offer.

2013 was a busy year with a keen focus on how we might impact children and their families through our current programs and by expanding services to fill community gaps.

Susan F. Cato
Executive Director



2014 Income Breakdown by Source



2014 Expense Breakdown by Program

Treasurer's Report: 2013 was another busy year for CAPA. There were almost 12% more children in the Shelter than last year and income from Contributions and Fundraising were down about 21%. Fortunately, the Thrift Shop had its best year, with sales up about 30%, and management was able to hold expenses flat. These actions enabled CAPA to continue the strategy, enacted last year by the Board, to establish accounts for Operational and Capital Reserves. These reserve funds, the first in CAPA's history, will help to insure its sustainability, as it looks forward to another 30 years of working to reduce child abuse and neglect in our communities.

Assets:

Current Cash Accounts	217,503
Net Fixed Assets	735,888
Endowment Fund	289,665
Reserves	88,291
Total Assets:	1,331,347

Liabilities:

Thrift Store	401,590
Current Liabilities	26,232
Total Liabilities	427,822

Total Equity:	903,525
Total Liabilities & Equity	1,331,347

*Financial numbers are unaudited. CAPA will have audited financial statements for fiscal year ended December 31, 2013 available on April 1, 2014.

OPEN ARMS SHELTER



Being at the shelter made me see a part of me that I never thought I would see. My heart was cold, and black, but being in OAS and sucking in all the advice they gave me, I made a 360. Being here is a pause in your life and it's not forever. I promise you it would be one of the best pause you'll ever experience.

What it means to be a Capa child is you have a safe place to go at the end of the day. Some kids have to get away from their parents and this place provides it for them. Some kids have a lot of problems and Capa staff will listen and comfort them. Capa gives you food, shelter, clothes, and things to look forward to. They can take us on field trips and create fine memories.



A message from thrift manager, Barbara Aimar

Thank you to all of the wonderful donors, loyal customers and tireless volunteers that came together to make 2013 our most successful year ever! Our first full year at the Ribaut Road location of CAPA's Closet was one of assessing outcomes. We used the experience of our valuable volunteers and staff to fully implement a better system for processing donations which increases sales. This plan moves items in and out of the store more quickly as well as seasonally which resulted in a 30% increase in sales from 2012.



Remember that donations are tax-deductible to the fullest extent of the law. A guide to help you determine the donation value is now available at www.capabeaufort.org/capas-closet.



CAPA's **Open Arms Children's Residential Home** was home to 57 children and youth during the year, a 12% increase from 2012. This increase means that 12% more of our community's most vulnerable residents now have the security and stability of a safe home. Our new status as a Level One Group Home went into effect in mid-2012. Most of our residents are part of sibling groups who have witnessed and lived violence resulting in trauma. Because of our facility, DSS was able to place and keep siblings together until the courts and the S.C. Department of Social Services (SCDSS) establishes a permanent home for them. Research shows that every time a child is moved while in out of home care creates additional trauma which is sometime greater than the initial incident for which they were removed from their family. Being more trauma informed has impacted our residential program. The number of children and youth living in our facility went from 11.07 per day in 2012 to 11.79 in 2013 as compared to 2009 to 2011 when an average of 6.60 per day. Children can now go into adoptive homes from our facility and experience stability without the trauma of multiple placements while they are in protective custody.

OUTREACH

34 Pack ‘n Plays Distributed

Portable playards, along with safe sleep education, are distributed to needy families referred to CAPA from partner agencies with home visitation programs. In 2013, CAPA formed a new partnership to broaden our reach in the community. PASOs, hosted by the University of South Carolinas Arnold School of Public Health, helps connect Latinos with health care and social service resources.

New Program in Schools

The Abuse Prevention Coalition (APC), a joint venture between CAPA, CODA and Hope Haven, hired its first full time education specialist in January 2013. Our mission is to change the cultural norms associated with violence against women and girls and to inform youth about abuse in relationships and families. APC offers evidence-based primary prevention education programs to middle school, high school, and college age students in our local community. The coalition increased the number of Men of Strength Clubs (MOST) and implemented a bystander intervention program called MVP (Mentors in Violence Prevention) in 2013 in several venues.

27 participants in 2013 with an 81% completion rate

In 2013, parents enrolling in CAPA’s Triple P (Positive Parenting Program) were assessed for trauma using the Adverse Childhood Experiences (ACE) tool. This tool was developed through 25 years of research and revealed that adverse experiences in childhood were very common and that these experiences are linked to every major chronic illness and social problem that the United States grapples with. ACE results allow the parent to better understand how past experiences impact their parenting skills, mental and physical health and interpersonal relationships. Participants’ ACE scores are used to make appropriate referrals for services offered by CAPA and partner agencies such as Coastal Empire Mental Health, Hope Haven and CODA.

337 local children

Received Christmas wishes through CAPA’s annual program.

135 Reporters Educated

In SC, certain occupations are required by law to report child abuse and neglect. CAPA offers professional educational training, at no charge, to area business and organizations with mandated employees and volunteers.

5,395 elementary students

Educational services are consistently presented by CAPA’s Outreach Coordinator in a multi-session format for grades one, three and five in area elementary schools. Working closely with teachers and guidance counselors, students are taught personal safety steps, communication feelings, conflict resolution, anger management and sustaining healthy relationships.

123 Youth Served

In South Carolina, 17 teens give birth every day. CAPA’s Adolescent Pregnancy Prevention program offers refusal and negotiation skills to promote good choices and decrease risky behaviors.

43 Members

CAPA’s support group, PS We Love You, continues to grow. Mothers and grandmothers meet bi-weekly to discuss their successes and failures. They come together for ideas, solutions and fellowship.

113 Parents

CAPA’s facilitator brings modified Triple P to incarcerated parents at the Beaufort County Detention Center. The program intends to aid parents in continuing their parental responsibilities in and out of jail.

VOLUNTEERS

Before we even ring the doorbell, we hear the kids calling, “They’re here!”

Inside, we’re greeted with leaping hugs and big smiles. Someone wants to play chess or do a puzzle; someone else wants to show-off a hook shot or a good grade on a spelling test.

In the beginning, my husband and I thought volunteering with the CAPA kids might be stressful or saddening. We certainly didn’t predict that visits to the shelter would frequently become the most joyous hours of our week.

It’s true that these children have serious needs – medical, emotional, developmental, psychological. And the skilled professionals at the shelter do the heavy lifting to meet those needs, sorting out school uniforms, menus, traumatic memories and adjustment issues.
– Tim & Peg Cronin



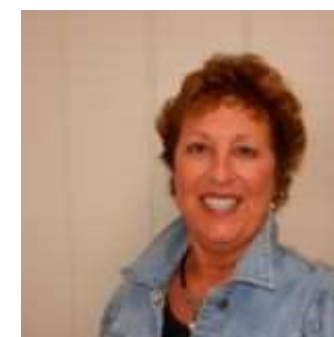
Tim and Peg Cronin
Volunteers of the Year
Shelter tutors, mentors



Dick and Dianne Stewart
Outstanding Volunteers 1st Quarter
Shelter tutors, mentors



Charles Golson
Outstanding Volunteer, 3rd Quarter
CAPA’s Closet



Barb Ettl
Outstanding Volunteer, 2nd Quarter
CAPA’s Closet, Auction



Dawn Walz
Outstanding Volunteer, 4th Quarter
Ghost Tours, Golf

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Destince Wilson
Gayle Wizerbicki
Theo Woods
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Woody Young
Cynthia Zapotczny

Over
14,350
hours
invested in
our
community.

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capabeaufort.org
or call 524.4350 to
get involved.

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Hampton Hall Book Club
Hargray
Harris Pillow Supply
Hawk, Inc.
Henry Farms Inc.
Her Favorite Store
Heritage Classic Foundation
Hilton Garden Inn
Hilton Head Landscapes
Hilton Head National Golf
Course
Historic Port Royal Foundation
Hobbit Hill Preschools
Hobgood Electric & Machinery
Co., Inc.
Holiday Inn Express
Hollywood Nails
Holy City Hospitality,
Virginia's on King
Honeytree Preschool
Hope Haven of the
Lowcountry
Hudson's Seafood House
In High Cotton
Inner Peace Massage
Iron Order Motorcycle Club
Island of Palms
Island Packet/Beaufort Gazette
Island West Golf Course
j.mills studio
Judith Haskell Brewer Fund Of
The Community Foundation
Serving Richmond and Central
Virginia
Junior Service League of
Beaufort
Kappa Delta Foundation
Karen's Pest Control
Kay Jewelers
Kazoobie Kazoo
Keith's House Of Plumbing,
Kellasuna Advertising Agency
KidFest Agencies
King Street Church Of Christ
Kole Construction
Lady's Island Garden Club
Lanier Parking
Laura Tucker Designs
Lawn Solutions LLC
Lend Lease (US) Community
Fund
Lightner Museum

DONORS—BUSINESSES AND ORGANIZATIONS

Little Caesar's Pizza
 Long Cove Golf Club
 Longhorn Steakhouse
 Luther's Rare & Well Done
 Low Country SC Kappa Delta Alumnae Chapter
 Lowcountry Bicycle
 Lowcountry Day Preschool & Summer Camp
 Lowcountry Insurance Services
 Lowcountry Produce
 Lowcountry Weekly
 Lowes
 Lulu Burgess
 MCCS
 M Home and Garden
 Magnolia Plantation
 Main Street Beaufort, USA
 Mangos Island Gifts & Apparel
 Marina Inn at Grande Dunes
 Markel's
 Maryland Fried Chicken
 McIntosh Book Shoppe
 Merle Norman Cosmetics
 Merry Maids
 Michael R. Harris O.D.
 Mile High United Way
 Modern Jewelry
 Moe's SouthwestGrill
 Moss Creek Owners Association
 Mossy Oaks Elementary School
 Murr's Printing
 Music Co-op
 New South Shirts, LLC
 North Carolina Arboretum
 O. C. Welch
 Ocean Light Corp.
 OCS Garage Doors and Hurricane Protection
 Off-Island Dental
 Old South Carriage Co.
 Old South Golf Links
 Oldfield Golf Club
 Olive Garden

Olive The Above
 Omni Health & Fitness Center
 Optimal Health Chiropractic
 Organika' Color and Design
 Outback Steakhouse
 Owners Club At Hilton Head P.S., We Love You
 Palace Theatre
 Palmetto Carpet Care
 Palmetto Design & Construction
 Palmetto Dunes
 Palmetto Hall Book Club II
 Palmetto Pulmonary Medicine
 Palmetto Running Company
 Palms on the Parkway
 Panini's on the Waterfront
 Parish Church Of St. Helena
 Pawn & Exchange
 Pinckjuice Productions
 Pinckney Retreat
 Pizza Hut
 Plaza Theater
 Plums Restaurant
 Port Royal Baptist Church
 Port Royal Gun & Pawn
 Port Royal Fire Department
 Port Royal Police Department
 Praetorian Guard RC
 Promenade Real Estate
 Publix Super Markets Inc.
 Q On Bay
 Randal's Lawnmower
 Red Lobster
 Red Piano Too Art Gallery
 Rehrig Pacific Company
 Rhett Gallery
 Ridings Foundation
 Riverbanks Zoo & Garden
 Riverview Baptist Church
 Rose Hill Golf Club
 Rossignol's
 Rotary Club of the Lowcountry
 Saltus River Grill
 SCB&T

SCDAV Chapter 12
 SC District Exchange Clubs
 Sea Eagle Market
 Sea Grass Grille
 Sea Island Meat Market
 Sea Island Quilters
 Sea Island Rotary Club
 Sea Pines Montessori
 Sears
 Secession Golf
 Second Helpings
 Serendipity Medical Spa
 Sew Wonderful Embroidery
 Sigler's Rotisserie & Seafood
 Signature Cleaning
 Simply Southern
 Smoak, Morrison, Hughes
 South Carolina Aquarium
 Southern Carpet
 Southern Carpet Wholesale
 Southern Graces
 Southern Sweets
 Southern Tree Services Of Beaufort, Inc.
 Southurn Rose Buggy Tours
 St. Francis Thrift Shop
 Stokes Honda
 Sunset Pizzeria Full Moon
 Saloon
 Sunshine Carwash
 Sutcliffe Golf Cars, Inc
 Sweet Bay
 ta'ca'ron Trading Company
 Tennis Club of the Lowcountry at Rose Hill
 The Beaufort Inn
 The Carolina Opry
 The Chocolate Tree
 The Church Of Jesus Christ Of Latter Day Saints
 The Exchange Club Of Charleston
 The Front Porch Consignments
 The Island News

The Jeweler's Bench
 The Kayak Farm
 The Lady & Sons
 The Refuge
 The Shrimp Shack
 The Walmart Foundation
 THUMBS UP, Inc.
 TJX Foundation Inc.
 Town of Port Royal
 Truffles Café
 Tucker Dry Cleaners
 Tupper Grimsley & Dean PA
 Twombly, PC
 USCB
 United Health Group
 UMW Church Of The Palms
 United Way of the Lowcountry
 Upper Crust
 Vanlandingham Rotary Club HH
 WHHI-TV
 Walgreens
 Wal-Mart Foundation
 Wal-Mart Beaufort
 Wardle Family YMCA
 Waste Management
 Water's Dry Cleaning
 Webster Marine
 Wells Fargo
 Whale Branch Middle School
 What's In Store
 Wild Adventures Theme Park
 Winelectric
 World Golf Hall of Fame
 Yes, Thai Indeed
 Zippy Lube

Consider an in-kind donation of merchandise or services.



Calendar of Events

- February 17** Lowcountry, SC Kappa Delta Alumna Chapter 3rd Annual Trivia Night for CAPA.
- March 7** Waste Management CAPA Golf Challenge
- April** Child Abuse Prevention Month Step Up For Kids Program
- April 5** Kidfest
- October** Exchange Club Ghost Tours to Benefit CAPA Oct. 10-11, 17-19, 24-26, 30
- November 15** Exchange Club Auction to Benefit CAPA
- December** CAPA Angel Wish Trees

Be sure to visit the CAPA website for more information

www.capabeaufort.org/events-page

sus-tain-able adjective \sə-'stā-nə-bəl\
 : able to be used without being completely used up or destroyed
 : able to last or continue for a long time

CAPA 's strategic plan calls for continued performance and quality control to sustain and expand funding and effectively manage financial and human resources.

Moving CAPA's Closet into our own building was a huge step. You can help with the next.

Consider a gift to CAPA's Endowment Fund with the **Community Foundation of the Lowcountry**. Funds donated are tax deductible for you and provide future security for CAPA.



United Way, supporting CAPA for 25+ years.

United Way of the Lowcountry, Inc.

LIVE UNITED
 GIVE. ADVOCATE. VOLUNTEER.

COA

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Twitter icon

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