



#### MISSION

CAPA breaks the destructive cycle of child abuse and neglect by equipping parents, children and their caregivers with necessary skills, knowledge and values.

#### VISION

**All children** deserve to be **loved, nurtured** and **kept safe** from intentional and unintentional harm.

## Child Abuse Prevention Association 2013 ANNUAL REPORT

WWW.CAPABEAUFORT.ORG

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A letter from Kim Duke-Clark, Board President

What an exciting year 2013 has been for CAPA. We started the year with great plans to raise awareness of child abuse in our own "backyards" and to take a critical look at CAPA's role in breaking the cycle of abuse. The calls started immediately in the New Year, with reports of children in need of a safe home or of local families in a crisis. CAPA stood ready to help.

CAPA's mission is to break the cycle of child abuse, but at the same time we must provide immediate help to the children that are at most risk. The Board of Directors, alongside a talented CAPA staff, and numerous volunteers, has worked countless hours to ensure that these children's needs are met. The Open Arms Shelter, now a level one group home, provided a safe haven for an average of 12 children each day in 2013. Our residents are with us for a lot longer now which has changed our role. Our residential facility is a vital lifeline for the children and is an integral partner in planning for a successful subsequent home, - what we call forever homes.

None of this would be possible without generous donations from our CAPA supporters. We all work together to make a better community and make great strides in breaking the cycle of child abuse.

It has been an honor and humbling experience to serve as the Board of Directors' President. I take with me memories and a deepened commitment to child advocacy.

As we look back, 2013 was a year of challenge. How can we get to the root cause of child abuse and neglect and break the cycle of dysfunction and destruction?

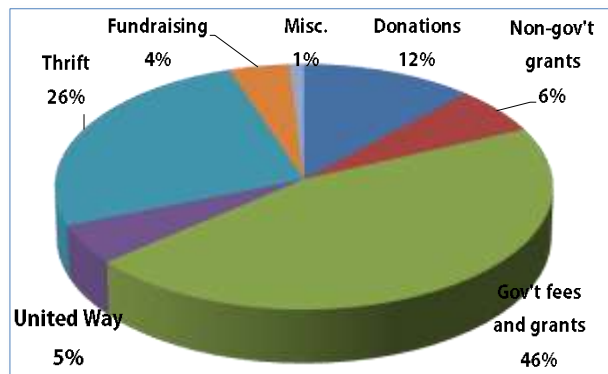
At the urging of the Beaufort County Department of Social Services' Director Julie Schneider, CAPA joined other area partner agencies in looking at ways to better understand and mitigate the long-term effects of trauma. As a result, all CAPA programs were reviewed through what it known as a trauma lens. We looked deeper into family functioning to determine what part past experiences play on the development of the adults and children that we serve.

Our actions in 2013 were guided by reducing trauma on those we serve and recognizing how past unresolved trauma impacts our efforts to break the cycle of child abuse and neglect. Trauma assessment has become part of our initial assessment for our program participants and guides treatment services across the organization.

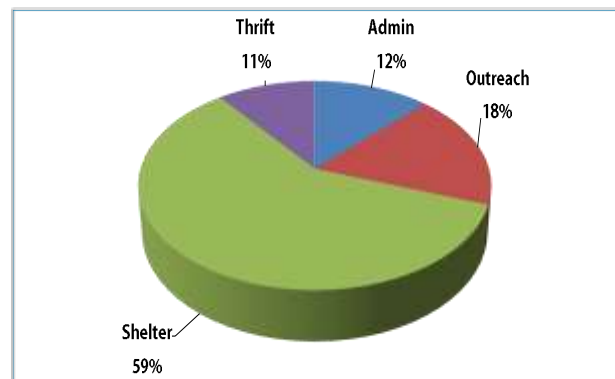
In July, CAPA became an affiliate chapter of the National Exchange Foundation. This affiliation has introduced us to more than 75 child abuse prevention centers nationwide and the evidence-based, best-practice programs they offer.

2013 was a busy year with a keen focus on how we might impact children and their families through our current programs and by expanding services to fill community gaps.

*Susan F. Cato*  
Executive Director



2014 Income Breakdown by Source



2014 Expense Breakdown by Program

Treasurer's Report: 2013 was another busy year for CAPA. There were almost 12% more children in the Shelter than last year and income from Contributions and Fundraising were down about 21%. Fortunately, the Thrift Shop had its best year, with sales up about 30%, and management was able to hold expenses flat. These actions enabled CAPA to continue the strategy, enacted last year by the Board, to establish accounts for Operational and Capital Reserves. These reserve funds, the first in CAPA's history, will help to insure its sustainability, as it looks forward to another 30 years of working to reduce child abuse and neglect in our communities.

Assets:

Current Cash Accounts	217,503
Net Fixed Assets	735,888
Endowment Fund	289,665
Reserves	88,291
<b>Total Assets:</b>	<b>1,331,347</b>

Liabilities:

Thrift Store	401,590
Current Liabilities	26,232
<b>Total Liabilities</b>	<b>427,822</b>

<b>Total Equity:</b>	<b>903,525</b>
<b>Total Liabilities &amp; Equity</b>	<b>1,331,347</b>

\*Financial numbers are unaudited. CAPA will have audited financial statements for fiscal year ended December 31, 2013 available on April 1, 2014.

## OPEN ARMS SHELTER



Being at the shelter made me see a part of me that I never thought I would see. My heart was cold, and black, but being in OAS and sucking in all the advice they gave me, I made a 360. Being here is a pause in your life and it's not forever. I promise you it would be one of the best pause you'll ever experience.

What it means to be a Capa child is you have a safe place to go at the end of the day. Some kids have to get away from their parents and this place provides it for them. Some kids have a lot of problems and Capa staff will listen and comfort them. Capa gives you food, shelter, clothes, and things to look forward to. They can take us on field trips and create fine memories.



A message from thrift manager, Barbara Aimar



Thank you to all of the wonderful donors, loyal customers and tireless volunteers that came together to make 2013 our most successful year ever! Our first full year at the Ribaut Road location of CAPA's Closet was one of assessing outcomes. We used the experience of our valuable volunteers and staff to fully implement a better system for processing donations which increases sales. This plan moves items in and out of the store more quickly as well as seasonally which resulted in a 30% increase in sales from 2012.



Remember that donations are tax-deductible to the fullest extent of the law. A guide to help you determine the donation value is now available at [www.capabeaufort.org/capas-closet](http://www.capabeaufort.org/capas-closet).

CAPA's **Open Arms Children's Residential Home** was home to 57 children and youth during the year, a 12% increase from 2012. This increase means that 12% more of our community's most vulnerable residents now have the security and stability of a safe home. Our new status as a Level One Group Home went into effect in mid-2012. Most of our residents are part of sibling groups who have witnessed and lived violence resulting in trauma. Because of our facility, DSS was able to place and keep siblings together until the courts and the S.C. Department of Social Services (SCDSS) establishes a permanent home for them. Research shows that every time a child is moved while in out of home care creates additional trauma which is sometime greater than the initial incident for which they were removed from their family. Being more trauma informed has impacted our residential program. The number of children and youth living in our facility went from 11.07 per day in 2012 to 11.79 in 2013 as compared to 2009 to 2011 when an average of 6.60 per day. Children can now go into adoptive homes from our facility and experience stability without the trauma of multiple placements while they are in protective custody.

# OUTREACH

## 34 Pack ‘n Plays Distributed

Portable playards, along with safe sleep education, are distributed to needy families referred to CAPA from partner agencies with home visitation programs. In 2013, CAPA formed a new partnership to broaden our reach in the community. PASOs, hosted by the University of South Carolinas Arnold School of Public Health, helps connect Latinos with health care and social service resources.

## New Program in Schools

The Abuse Prevention Coalition (APC), a joint venture between CAPA, CODA and Hope Haven, hired its first full time education specialist in January 2013. Our mission is to change the cultural norms associated with violence against women and girls and to inform youth about abuse in relationships and families. APC offers evidence-based primary prevention education programs to middle school, high school, and college age students in our local community. The coalition increased the number of Men of Strength Clubs (MOST) and implemented a bystander intervention program called MVP (Mentors in Violence Prevention) in 2013 in several venues.

## 27 participants in 2013 with an 81% completion rate

In 2013, parents enrolling in CAPA’s Triple P (Positive Parenting Program) were assessed for trauma using the Adverse Childhood Experiences (ACE) tool. This tool was developed through 25 years of research and revealed that adverse experiences in childhood were very common and that these experiences are linked to every major chronic illness and social problem that the United States grapples with. ACE results allow the parent to better understand how past experiences impact their parenting skills, mental and physical health and interpersonal relationships. Participants’ ACE scores are used to make appropriate referrals for services offered by CAPA and partner agencies such as Coastal Empire Mental Health, Hope Haven and CODA.

## 337 local children

Received Christmas wishes through CAPA’s annual program.

## 135 Reporters Educated

In SC, certain occupations are required by law to report child abuse and neglect. CAPA offers professional educational training, at no charge, to area business and organizations with mandated employees and volunteers.

## 5,395 elementary students

Educational services are consistently presented by CAPA’s Outreach Coordinator in a multi-session format for grades one, three and five in area elementary schools. Working closely with teachers and guidance counselors, students are taught personal safety steps, communication feelings, conflict resolution, anger management and sustaining healthy relationships.

## 123 Youth Served

In South Carolina, 17 teens give birth every day. CAPA’s Adolescent Pregnancy Prevention program offers refusal and negotiation skills to promote good choices and decrease risky behaviors.

## 43 Members

CAPA’s support group, PS We Love You, continues to grow. Mothers and grandmothers meet bi-weekly to discuss their successes and failures. They come together for ideas, solutions and fellowship.

## 113 Parents

CAPA’s facilitator brings modified Triple P to incarcerated parents at the Beaufort County Detention Center. The program intends to aid parents in continuing their parental responsibilities in and out of jail.

# VOLUNTEERS

Before we even ring the doorbell, we hear the kids calling, "They're here!"

Inside, we're greeted with leaping hugs and big smiles. Someone wants to play chess or do a puzzle; someone else wants to show-off a hook shot or a good grade on a spelling test.

In the beginning, my husband and I thought volunteering with the CAPA kids might be stressful or saddening. We certainly didn't predict that visits to the shelter would frequently become the most joyous hours of our week.

It's true that these children have serious needs - medical, emotional, developmental, psychological. And the skilled professionals at the shelter do the heavy lifting to meet those needs, sorting out school uniforms, menus, traumatic memories and adjustment issues.  
- Tim & Peg Cronin



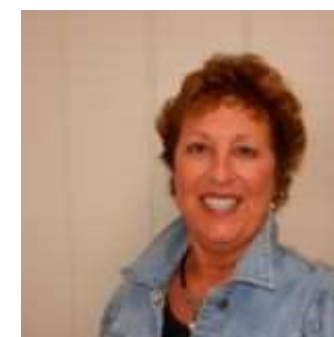
Tim and Peg Cronin  
Volunteers of the Year  
Shelter tutors, mentors



Dick and Dianne Stewart  
Outstanding Volunteers 1st Quarter  
Shelter tutors, mentors



Charles Golson  
Outstanding Volunteer, 3rd Quarter  
CAPA’s Closet



Barb Ettl  
Outstanding Volunteer, 2nd Quarter  
CAPA’s Closet, Auction



Dawn Walz  
Outstanding Volunteer, 4th Quarter  
Ghost Tours, Golf

## FRIENDS OF CAPA—VOLUNTEERS

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Trudy B	Stephanie Dansky	Doug Jaquays	Pam Murray
Judy Bablin	Audrey DeBaugh	Terry Jaquays	Marti Myetd
Cathy Bacer	Demarcus Deboe	Barbara Jaslow	Bill Naert
Caroline Baker	Susan DeFabio	Howard Jaslow	Jill Naert
Cathy Baker	Lynn Delelute	Jared Jefferson	Alyse Nash
Becky Baldwin	Carol Denning	Megan Jennings	Bryan Nash
Leslie Balliet	Paul Denning	Joan Kannar	Charlie Negron
Rebecca Bass	Sue DeSantis	Joan Kannar	Akasha Nelson
Jackie Bauer	Deborah Desrosiers	Linda Karlyk	Cissy Nichols
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Theo Woods  
Andrew Yee  
Woody Young  
Cynthia Zapotczny

Over  
**14,350**  
hours  
invested in  
our  
community.

Visit  
[capabeaufort.org](http://capabeaufort.org)  
or call 524.4350 to  
get involved.

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CAPA is a Silver-level  
GuideStar Exchange  
participant, demonstrating  
our commitment to  
transparency

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CAPA in  
your Estate  
Plan

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|   | Saltus River Grill             |   |                              |
|   | SCB&T                          |   |                              |

## Calendar of Events

- February 17** Lowcountry, SC Kappa Delta Alumna Chapter 3rd Annual Trivia Night for CAPA.
- March 7** Waste Management CAPA Golf Challenge
- April** Child Abuse Prevention Month Step Up For Kids Program
- April 5** Kidfest
- October** Exchange Club Ghost Tours to Benefit CAPA Oct. 10-11, 17-19, 24-26, 30
- November 15** Exchange Club Auction to Benefit CAPA
- December** CAPA Angel Wish Trees

Be sure to visit the CAPA website for more information

[www.capabeaufort.org/events-page](http://www.capabeaufort.org/events-page)

sus-tain-able adjective \sə-'stā-nə-bəl\  
 : able to be used without being completely used up or destroyed  
 : able to last or continue for a long time

CAPA 's strategic plan calls for continued performance and quality control to sustain and expand funding and effectively manage financial and human resources.

Moving CAPA's Closet into our own building was a huge step. You can help with the next.

Consider a gift to CAPA's Endowment Fund with the **Community Foundation of the Lowcountry.** Funds donated are tax deductible for you and provide future security for CAPA.



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CAPA Beaufort

United Way, supporting CAPA for 25+ years.

United Way of the Lowcountry, Inc.

LIVE UNITED  
 GIVE. ADVOCATE. VOLUNTEER.

child abuse prevention association

CAPA