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United Way, supporting CAPA for 25+ years.



United Way of the Lowcountry, Inc.



CREDIBILITY • INTEGRITY • ACHIEVEMENT

## United Way of the Lowcountry Day of Caring

Thursday, September 9, 2010 was the United Way of the Lowcountry Day of Caring. Groups and individuals all over Beaufort County signed up to make a difference in their community by participating in organized projects for local agencies. CAPA was lucky to have two outstanding groups spend their morning landscaping the Outreach Center's front yard and cleaning out the storage shed. The whole team from The Preserve at Port Royal spread mulch, trimmed trees and pulled weeds while three dedicated volunteers from CenturyLink pulled everything out of the shed, threw away trash and put everything else back in an organized fashion. Thank you all for your willingness to get dirty for CAPA!

## CAPA Selected as BB&T's Lighthouse Project

Employees of the Beaufort branches of BB&T selected CAPA to be the recipient of their 2<sup>nd</sup> Annual Lighthouse Project. The BB&T Lighthouse Project is a company-wide community service effort where local branches participate in projects that will make a tangible difference in the communities in which they live and work.

BB&T employees teamed up to purchase much-needed supplies for CAPA's Open Arms Shelter including food to stock the pantry, toiletries, paper and cleaning products, as well as art supplies and games for after school and weekend activities. The employees also put together newcomer kits for CAPA to hand out to new residents that include basic ne-

cessities along with a toy or stuffed animal. The employees also purchased age-appropriate birthday presents for when a resident spends his or her birthday at the shelter.

"We wanted to work with CAPA because of the great work they do in the community," said Eric Lowman, City Executive at BB&T. "We're proud to team up with them and help in any way we can."



Pictured above: Susan Cato, CAPA Executive Director, and Eric Lowman, City Executive at BB&T.

Non-Profit  
Organization  
U.S. Postage  
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Permit #56  
Beaufort, SC  
29901



Autumn 2010

# CONNECT with CAPA

Child Abuse Prevention Association  
of Beaufort County, SC

**Mission Statement:** CAPA breaks the destructive cycle of child abuse and neglect by equipping parents, children and their caregivers with necessary skills, knowledge and values.

## Note from the President...

Autumn is here in Beaufort. In many places this means crisp, cool temperatures, the changing of leaves and apple picking. But here in the Lowcountry, autumn also means that CAPA services are in full swing.

CAPA's school-based education programs for children are scheduled throughout the county. Loss of a \$75,000 state grant for outreach programs has our board scrambling to meet the need for these prevention services. In an attempt to maximize our parenting classes, we have a new partnership with the Children's Center in Bluffton for weekly classes.

Our Open Arms Shelter for Abused and Neglected Children is **full** of boys and girls of every race and age. For CAPA, this means trying to get uniforms together for the different schools and buying shoes for many feet, a daunting and expensive task. With a shelter full of children, one can imagine the endless laundry and dish-

washing, the large amount of food consumed, fuel needed to get residents to appointments and school and the time it takes to complete homework and projects. If you are interested in helping, please call CAPA's office, 843.524.4350, to learn how you can get involved.

Want to learn more about CAPA? We are seeking opportunities to speak to civic, church and school groups about child abuse and neglect in our community. We also offer special presentations about Internet Predators and how to prevent your child or grandchild from being a victim. Our speakers' bureau is ready and awaiting your call. CAPA relies heavily upon the community and volunteers and thanks you so much for your donations, help and support.

See you for a fun evening at the 23<sup>rd</sup> Annual Exchange Club Auction for CAPA on November 20<sup>th</sup>.

Robin Boozer,  
President

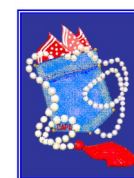


Pictured above: Hands and feet of current residents of CAPA's Open Arms Shelter (ranging in age from 4 months to 18 years). The current average number of children per night is 10.

## 2010 Board of Directors

President  
Robin Boozer  
Co Vice-Presidents  
Darlene Douglas  
Paula Kilgore  
Secretary  
Kathleen Jordan  
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Sarah Burrus  
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Kurt Ellenberger  
Angel Flewelling  
Margaret Fyfe  
Jonathan Gray  
Bernie Kole  
Jennifer Morine  
Mike Pierce  
Maren Rogers  
Diane Smith



SAVE THE DATE for the Exchange Club of Beaufort's  
23rd Annual **'DENIM & Pearls'**  
Auction and Party to benefit CAPA

Saturday, November 20, 2010  
Officers' Club, Marine Corps Air Station

\$10 per person • Doors open at 6:00 p.m. • Silent Auction begins at 6:00 p.m.  
Live Auction begins at 7:00 p.m. • Cash bar and light refreshments served

For tickets or more information, contact Ron Voegeli, auction chairman, at 843.812.2796 or email the club at [exchangeclubbft@gmail.com](mailto:exchangeclubbft@gmail.com)



Pictured above: CenturyLink's Mike Yoakum, Robert Polk, Sport Lewis, Chuck Hanners and Bert Hanners.

## CenturyLink Fills CAPA Shelter Hearts & Tummies

For the second year in a row, the generous people in CenturyLink's Beaufort district stocked the pantry shelves of CAPA's Open Arms Shelter during their Together We Can Food Drive. Local CenturyLink employees gathered 1,910 lbs of food and other household goods for the residents of the shelter. A special thank you to Randy Krause, chair, Jo Barger, team captain for Beaufort, and their area coordinators: Steve Aller, Cindy Ackerman, Ben Duncan and Herbie Kemp.

## Participate in Guilt-Free Shopping Online!

Install the iGive Toolbar on your internet browser and make money for CAPA while keeping money in your wallet! By using the Yahoo-powered search toolbar, you can donate a penny or more per search, a \$5 bonus for your first purchase and up to 26% of your purchases at over 730 stores. You will also have access to exclusive coupons and free shipping deals by being an iGive user. Go to [www.igive.com](http://www.igive.com), select CAPA (Child Abuse Prevention Association) as your favorite cause, and start shopping! Even if you don't make a purchase, CAPA still receives money if you use the search toolbar.

## CAPA Reaches Out - New Bluffton Location for Parenting Classes

CAPA is excited to announce a new location for parenting classes! Parents can now attend CAPA's Positive Parenting Program (Triple P) classes on Thursday evenings, 6:00-7:30 p.m., at The Children's Center, 20-B Bridge Street in Bluffton. Childcare is provided for participating parents. Triple P is a science-based, proven effective program that has been helping parents for over 20 years.

The program costs \$25 per participant and consists of eight classes covering a range of topics including discipline strategies, listening skills, stress management, meaningful interaction and family togetherness, patterns, routines and support systems. Triple P classes continue to take place in Northern Beaufort County on Monday evenings, 6:00-7:30 p.m., at CAPA's Outreach Center, 714 14th Street in Port Royal.

CAPA also offers P.S. We Love You, a parent support group for anyone who wants to improve relationships within their family. Participation in the support group is free and open to any parent interested in laughing, learning, sharing and loving. All participants of CAPA's Triple P classes are invited to join this group upon program completion. P.S. We Love You meets at CAPA's Outreach Center on the first, third and fourth Thursday of each month from 6:15-7:45 p.m.

*"While attending CAPA's Parenting Classes, I learned a lot and was blessed to have the experience to*

*learn new things. I have seen myself change and grow, not only as a parent, but as a person. I have learned how to handle situations concerning discipline and that being a parent is number one to everything else."*

Stacy, age 29



## Raising Dough with Pizza Inn

Grab your family and friends and join us for pizza on Tuesday, December 14<sup>th</sup> at Pizza Inn, 2121 Boundary Street in Beaufort from 4:30 to 8:30 p.m. CAPA is participating in Pizza Inn's "Dough Raiser," a fundraising opportunity where volunteers serve as wait staff and greet, seat and serve customers and CAPA keeps all the tips and donations from the evening as well as 10% of the buffet sales. Help us spread the word! Visit [www.capabeaufort.org](http://www.capabeaufort.org), download a handful of flyers and post them at work, in your neighborhood and around town.

## Have an Old Cell Phone Collecting Dust in Your Closet?

CAPA can turn old cell phones into cash! Drop off your old cell phones at CAPA's Outreach Center, 714 14<sup>th</sup> Street in Port Royal or at CAPA's Closet thrift shop in Mid-Town Plaza and support the prevention of child abuse in Beaufort County. All types of cell phones are accepted.

## The Perfect Gift Idea for the Holidays

Ever wonder what to get the "person who has everything?" Make a donation to CAPA in someone's honor this Holiday Season and make an impact on today's families and generations of children to come!

For donations of \$25 or more, donors will receive a holiday card insert to give to a family member or friend this Holiday Season (one card insert per \$25 or five for \$100). The holiday card insert will read *"(Donor's name) made a donation to the Child Abuse Prevention Association (CAPA) in your honor. Thank you for helping CAPA in the prevention of child abuse in Beaufort County for today's children and future generations."*

These types of gifts are perfect for family, friends, neighbors, hairdressers, teachers, etc. Contributions include cash, check, credit card, securities, bequests, trusts and annuities. Donations may be mailed to CAPA at PO Box 531, Beaufort, SC 29901 or online at [www.capabeaufort.org](http://www.capabeaufort.org). Call CAPA at 843.524.4350 with any questions.

## Sea Island Rotary Club's Charity Shrimp Race a Success!

Thank you, Sea Island Rotary Club, for allowing CAPA to participate in the 2<sup>nd</sup> Charity Shrimp Race. CAPA would also like to thank all the individuals who "adopted" shrimp this year. Over 700 shrimp were "adopted" through CAPA volunteers including the first, third, seventh and tenth place winners!

## 2011 Annual Meeting

Please join us for CAPA's 2011 Annual Meeting  
**Thursday, January 20, 2011**  
**6:30 p.m.**

Palmetto Electric Cooperative Community Room  
 One Cooperative Way, Hardeeville

Agenda includes election of board of directors and officers, recognition of volunteers and staff, and release of 2010 Annual Report

Public is encouraged to attend

RSVP to **843.524.4350** or [capa714@earthlink.net](mailto:capa714@earthlink.net)

## Make a Child's Wish Come True this Christmas

Christmas is just a handful of weeks away and CAPA's Christmas Wish Tree program is well underway! The Wish Tree program helps provide gifts for children in Beaufort County who, without CAPA, may not receive gifts.

The children who participate in the Wish Tree program are either residents of CAPA's Open Arms Shelter, foster children in Beaufort County, part of an open treatment case with the Department of Social Services, part of the Youth Advocacy Program, part of Beaufort County ACCESS Network or their parents/caregivers are participating in CAPA's parenting programs (Triple P and P.S. We Love You).

Each child may ask for three items (a \$25 limit per item) or one big item (ex: bicycle). These items are then printed on Christmas tree tags and the tags hung in select locations across Beaufort County for individuals to take, fulfill, gift wrap and return.

This is a great teaching moment to share with your children or grandchildren; an opportunity for kids to help kids. Last year, 363 children had a very merry Christmas because of generous community members. Let's make this holiday even brighter. Pick up a tag at one these locations and spread some Christmas cheer: Belk and Walmart (Cross Creek Shopping Center, Beaufort), Outback Steakhouse (Boundary Street, Beaufort) and Wild Wing Café (Bluffton). More locations to come.

## Support United Way of the Lowcountry's 2010 Campaign

Your contribution to United Way of the Lowcountry goes immediately to local charities and programs, and stays in this community. It never pays for events or advertising. Your gift, large or small, helps make a difference. United Way has supported CAPA for over 25 years. For more information on our local United Way, visit [www.uwlowcountry.org](http://www.uwlowcountry.org).

Visit us on the web at [www.capabeaufort.org](http://www.capabeaufort.org) and follow us on **facebook** and **twitter** (search for CAPA Beaufort).