



Post Office Box 531
Beaufort, SC 29901

843.524.4350
843.525.0070 fax
capa714@earthlink.net
www.capabeaufort.org

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Summer/Fall 2013

CONNECT with CAPA

Child Abuse Prevention Association
of Beaufort County, SC

GIVE. ADVOCATE. VOLUNTEER.
LIVE UNITED



Valued Partner



CREDIBILITY • INTEGRITY • ACHIEVEMENT



Like us on Facebook!
CAPA Beaufort and
CAPA's Closet

Support CAPA Today!

Please complete the below form and return to CAPA, PO Box 531, Beaufort, SC 29901.

Make all checks payable to CAPA.

- I want to learn more about becoming a volunteer with CAPA.
- I would like to receive this newsletter by email. My email address is _____.
- I want to help the children of Beaufort and surrounding counties. My donation of \$_____ is enclosed.

Name _____ Phone _____

Address _____

City _____ State _____ Zip Code _____

Enclosed is a check made payable to CAPA or please charge my credit card for \$_____

Visa/MasterCard Account # _____ Expiration Date ____/____/____ CVV _____



A Fond Farewell

Volunteers are the life blood of CAPA. Truly, we could not exist without volunteers. They tutor, staff the Thrift Shop, work events or on CAPA projects and much, much more.

It has been my joy to work with hundreds of CAPA volunteers over the past 10 years. It is amazing what can happen when we put out a call for help. Volunteers answer the call, knowing that their efforts will impact the lives of children. I have often told people, "If you don't believe in miracles, sit at my desk."

Throughout this wonderful community, people help make miracles come true by donating financially or through in-kind donation of goods, services and valuable time.

By embracing CAPA's goal to break the cycle of child abuse and neglect, our volunteers and supporters keep the shelter open

Mission Statement: CAPA breaks the destructive cycle of child abuse and neglect by equipping parents, children and their caregivers with necessary skills, knowledge and values.

24 hours a day, 365 days a year. They ensure that we offer quality educational programs to both children and adults and provide Christmas for hundreds of needy children. Beaufort County is a better place for their efforts.

I have retired to spend more time in my Grandmother role, but I will always be a part of CAPA because I believe in this mission. I will see you in CAPA's Closet, at ghost tours, at the November auction... maybe not the golf tournament, but then again, if they need help with registration, I may be there, too.

Thank you so much for your support,
Katie Grindle

In recognition of Katie's eleven years of service, please consider making an \$11 donation.

Note: CAPA thanks Katie for the 10+ years of support as our Director of Community Resources and Volunteers. With her leadership and vision, CAPA is blessed with sustainable investments of time and treasures. Drop by to meet Britt Beshers - who has huge shoes to fill.



Scan this with your smart phone to learn more about CAPA!



With an average of 11 children per day, our laundry pile is more of a mountain! Gracious members of Beaufort Chapter #12 and Unit #12 of the Disabled American Veterans went together and purchased a new washing machine for the Open Arms Shelter. Pictured from left are Sandra Voegeli, Adj/Treasurer, Unit #12; Ron Voegeli, Adj/Treasurer, Chapter #12; Chris Swan, Sr. Vice, Chapter #12; and Tina Kuhn, Shelter Director. Photo by Dave Mcleod.

Help Us Help You

Volunteering is an important part of a healthy lifestyle. In 2010, UnitedHealth Group released a pioneering study that identified the health benefits of volunteering, particularly among the senior population. The results reinforced what they suspected, that volunteers feel healthier. A 2013 follow-up study found that 76% of people who volunteered in the past 12 months felt healthier, 94% said it improved their mood, and 78% said it decreased their stress.

2013 Board of Directors

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Woody Young

Ramond Mecherle, *Emeritus*

Recruiting for the

2014 Board of Directors

Do you believe in CAPA's mission and have a desire to serve?

Directors are elected to two-year terms and are required to serve on two standing committees. Board members actively participate in fundraising events and contribute to the overall financial efforts of the organization. Board meetings are held at 5:30 p.m. on the 2nd Thursday of each month in Port Royal. *We would especially appreciate inquiries from people with experience in finance, marketing and HR.* Please call 524-4350 to receive a board information packet.



**Now Open Until 8 PM
on Tuesdays**

The moment you push through the front door of CAPA's Closet, your heart starts to race and your pulse quickens as you look from side to side and think---let the hunt begin.

There's a treasure lurking on every shelf and rack in the store, and we are here to help you find it. Whether your treasure hunt is for a sofa, a good book, a retro jacket or dishes that remind you of grandma's house, chances are you'll find it at CAPA's Closet.

Thrift is all about ordinary to extraordinary and kooky to cool. If you like to Re-do, Re-finish, Re-cover, Re-read, or Re-style, visit us for a WOW experience.

The store is open Monday through Friday from 10:00 a.m. to 5:30 p.m. and Saturday from 10:00 a.m. to 3:00 p.m. If you have items to donate, drop offs are accepted until 3:00 p.m. Monday through Friday and until 1:00 p.m. on Saturday.



2013

Open Arms Shelter Update

For the first half of 2013, we cared for 22 children with an average stay of 203 days each. Their ages ranged from 6 months to 17 years. Currently, 11 children are in residence and after a busy summer of camp, extended learning and first jobs, they are excited about the new school year. Thank you to **Tommy Pender** for repainting the interior of the Shelter, the **Junior Service League of Beaufort** for replacing the children's bike rack, **Bangs Salon** for keeping the children well-groomed, **Beaufort Family Dentistry** for keeping their smiles bright, **Islands Meat Market** for stocking our freezer and **Palmetto and Sea Island Quilters** for creating beautiful handmade quilts for each child in the shelter.



You can now donate your Greenbox to CAPA! Visit www.thepig.net for more information. Be sure to select *Child Abuse Prevention Association*



from the drop down menu.

Bucks from BI-LO

Thank you to all who have participated in the Bi-LO BONUSCARD program—we've received \$500 so far in 2013! Bi-LO and Winn Dixie have now merged and they are making changes to the BONUSCARD program. CAPA will be receiving new cards shortly and we will let you know as soon as they are available.

Hauntings and History

This October marks the **21st** year of The Exchange Club Ghost Tours to benefit CAPA. Take a carriage ride or walking tour through the moss lined streets of Beaufort's historic district while listening to haunting tales of the area. All tales are considered true and have been shared by current and former residents.

This year's tour dates are October 11-12, 18-20 and 25-27. Carriage rides are \$20 per adult and \$10 per child ages 3-11. Walking tours are \$12 each (all ages) and offered only on October 18, 19, 25 and 26. Call the "ghost line" at 52-GHOST (843.524.4678) for more information and reservation details. Tickets will also be available at the Beaufort Regional Chamber Visitor's Center.

New Ghostly Project

Area ghost stories and volunteer storytellers are needed. If you have a great local ghost story and/or a wonderfully Lowcountry voice, CAPA would love your help on a special new project. For more information, please call Britt at 843.524.4350.



Warning: Zombies Ahead!

Eat, Sleep, Play Beaufort is hosting a Zombie Run for CAPA on October 27. This will be a timed 5K through historic Port Royal and includes a costume contest. Stay tuned for more information.



Adopt a shrimp for \$10 each and 100% of your money goes directly to CAPA.

The first 10 shrimp (they are rubber, not live) to cross the finish line share \$5,000 in cash prizes and have a chance to win the \$1,000,000 Grand Prize! You do not have to be present to win.

You may adopt online by visiting www.rotaryshrimprace.com or pick up an adoption form at one of the official Adoption Centers including CAPA and CAPA's Closet.

We're Going Wild— Wild Wild West, that is!

The Exchange Club of Beaufort is excited to announce the 26th Annual Auction to benefit CAPA is planned for Saturday, November 16th at The Shed in Port Royal. The United States boasts more than 700 Exchange clubs whose national project is the prevention of child abuse. Our local club, The Exchange Club of Beaufort, has been working hard all year to make this auction the best yet. This year's event, the *Wild West Live & Silent Auction*, will be a fun-filled night featuring a live and silent auction, cash bar and a barbeque chicken dinner.

To donate an item, service or trip to the auction, please call Ron Voegeli, Auction Chairman, at 843.812.2796. All proceeds from the auction benefit CAPA.

Thank You

CAPA heavily relies on the generosity of local funders and businesses to help us keep our shelter doors open and programs available. We would like to take a moment to thank the following partners:

- **Exchange Club of Charleston** for providing funding for the Open Arms Shelter
- **Kappa Delta Foundation** and the **Lowcountry, SC Kappa Delta Alumnae Chapter** for hosting Trivia Night benefitting CAPA and providing funding to purchase cribs and materials for the Cribs for Kids program
- **The Bargain Box** for providing funding for the Shelter and other CAPA programs.
- **St. Francis Thrift Store** for funding for our elementary outreach on Hilton Head Island.
- **Gilligan's** for allowing CAPA to wait tables and raise funds.
- **Iron Order Motorcycle Club** for hosting a Poker Run to benefit CAPA.
- **Al's Vista Landscaping** and **Lawn Solutions, LLC** for generously taking over our landscaping needs
- **Islands Meat Market** for stocking our freezer
- **Baptist Church of Beaufort, Hobbit Hill Preschools, Honeytree Preschool, Mossy Oaks Kindergarten and Preschool,** and **Wardle Family YMCA** for allowing residents of the shelter to attend their programs throughout the year