

Join us for

PS* We ♥ You!

A special *Parent Support* group for anyone who wants to have better relationships.

Being a parent is probably one of the toughest jobs that we ever do. Today's families face many obstacles. Maybe we can help!

Join our group-it's FREE...We meet on the 1st & 3rd Thursday during the months of September through June from 6:00-7:30pm.

Who can come? Any parent is welcome! We laugh, we learn, we share & we love our children, our grandchildren and each other.

Our group invites guest speakers who present their expertise on a wide variety of topics that are of key interest to our members which help deepen our understandings and strengthen our abilities to apply effective skills, strategies and techniques in areas such as budgeting finances, reducing stress, time management, health & safety, adult education opportunities, positive approaches to child rearing, etc. We pride ourselves in being actively engaged in several worthy community service projects. **P.S. We Love You** are members of the CAPA Holiday Wish Tree Program. Qualifying families receive gifts for dependent children living in their homes.

"Participation in our group often leads to opportunities that improve our lives," said one member.

To learn more about **P.S. We Love You** please call
Ms. Lena @ 843-597-3358 or 843-522-8414.

Meeting location: CAPA's Parent Center, 1340 Ribaut Road, Port Royal, SC 29935
Phone: 843-524-4350 Fax: 843-525-0070 E-mail: kids@capabeaufort.org



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