



WINTER 2009-2010

# Child Abuse Prevention Association of Beaufort County, SC

## CONNECT with CAPA



### BEAUFORT COUNTY DEATHS FROM ALLEGED CHILD ABUSE UP IN 2009

2009 has been a terrible year for Beaufort County's children. According to SC Dept. of Health and Environmental Control (DHEC) statistics, from 1999 to 2007 there were three child homicide victims in Beaufort County. From May to November 2009, four Beaufort children died from suspected child abuse including an alleged shooting incident involving two young children.

"Children are most vulnerable from birth to age five and we (CAPA) are seeing a staggering rise locally in deaths from suspected child abuse and neglect in this age range. We are also seeing several cases of trauma involving very young children with broken bones, healed unattended breaks, infants and children living in homes where there is illegal drug activity and other very dangerous situations," said Susan Cato, executive director.

Factors that lead to child abuse and neglect include lack of parenting skills and unrealistic expectations about a child's capabilities. Ignorance of ways to manage a child's behavior and of normal child development may further contribute to child abuse as do poor education, unemployment, poverty, lack of available health care and drug abuse. Why are some families more at risk than others? Research has proven that the presence of five protective factors greatly reduce the likelihood of abuse and neglect occurring in families under stress. These five factors are:

- 1. Nurturing and attachment** - Early bonding as well as nurturing throughout childhood helps parents build a close bond with their children and better understand, respond to and communicate with their children.
- 2. Knowledge of parenting and of child and youth development** - Information about what to anticipate as children develop and strategies for effective parenting will help parents learn what to look for at each age and how to help their children reach their full potential.
- 3. Parental resilience** - How parents cope and problem solve affects their ability to deal effectively with everyday stress or a major crisis. Recognizing the signs of stress and knowing what to do about it can help parents build their capacity to cope.
- 4. Social connections** - Identifying ways to help parents expand their social networks and build a broader base of parenting support is very important. Parents with an extensive network of family, friends and neighbors have better support in times of need.
- 5. Concrete supports for parents** - Finding out what basic resources are available in the community and how to access them to address family-specific needs, such as financial and housing, will help families meet their basic needs and allow parents and caregivers to better attend to their roles.

To help parents increase protective factors, CAPA offers an eight week parenting education course based on the Triple P Curriculum, a 25-year program that has shown excellent outcomes in participants. Additionally, CAPA offers the P.S.\* We Love You (\*Parent Support Group). Both groups meet weekly at the outreach facility in Port Royal.

#### CAPA Mission:

CAPA exists to break the destructive cycle of child abuse and neglect by equipping parents, children and their caregivers with necessary skills, knowledge and values.

#### CAPA Vision:

All children deserve to be loved, nurtured and kept safe from intentional and unintentional harm.

#### 2009 Board of Directors

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#### CAPA IS GOING GREEN

In an attempt to conserve CAPA funds, newsletters are now available by email. Please email our office manager at [capaofficemanager@earthlink.net](mailto:capaofficemanager@earthlink.net) if you would like to receive the next newsletter electronically.

## EXCHANGE CLUB OF BEAUFORT FOCUSES ON CHILD ABUSE PREVENTION

CAPA is very fortunate to have been targeted over the past 20 years for the altruistic endeavors of the Exchange Club of Beaufort. CAPA recently received \$15,000 from the club - the net proceeds from the Exchange Club's Ghost Tours of Beaufort, a strong Beaufort tradition.

Also held this fall for the benefit of CAPA, the 22nd Annual Exchange Club Auction took place on November 14th and will net an estimated \$30,000. Next year's event will be on Saturday, November 20, 2010 at the Marine Corps Air Station Beaufort's Officers' Club. Mark your calendars now for this fun event! Donations are collected by the club throughout the year.

"CAPA relies on the generosity of Exchange Club for continued funding for our programs, including the Open Arms Shelter for Abused and Neglected Children. Without their help, we would be unable to provide on-going programs, said Susan Cato.

The Exchange Club, America's Service Club, is a group of men and women working together to make our communities better places to live through programs of service in Americanism, Community Service, Youth Activities, and its national program - The Prevention of Child Abuse. For more information, contact Janet Horton at 843.322.0947 or janeth@islc.net.

## OPEN ARMS SHELTER & OUTREACH OFFICE TOURS AVAILABLE



*Hold your group's next meeting in CAPA's board room!*

CAPA is happy to set up a tour for you or a group that you think might be interested in seeing first-hand the work that we do. Please call in advance to set up as our clients and residents cannot be present during the tours.

ARE YOU A CAPA DONOR? IF SO, THANK YOU! IF NOT, WE NEED YOU NOW MORE THAN EVER.

Our community desperately needs and depends on CAPA's programs and services. Visit our website or call the office to set up a tour of our facility so you have the opportunity to see the reality of child abuse and neglect all around us. You as an individual or your group has the chance to make a huge impact on our community. By giving your time, money and energy, you can help us break the cycle of child abuse.

The **IMPACT** of **YOUR INVESTMENT** in CAPA:

- \$15 sponsors a shelter resident for one week at the Boys & Girls Club Teen Center
- \$75 sponsors six kids at a water fun park or other recreational outlet
- \$80 covers formula and diapers for an infant resident for one week
- \$100 pays for a loving and trained caregiver for one shelter shift
- \$150 funds three sessions of prevention programs for school children
- \$250 pays for groceries for the shelter for one week
- \$1,000 provides eight weeks of parent education classes
- \$10,000 pays for electricity, water and gas for one year
- \$20,000 pays for liability insurance for one year

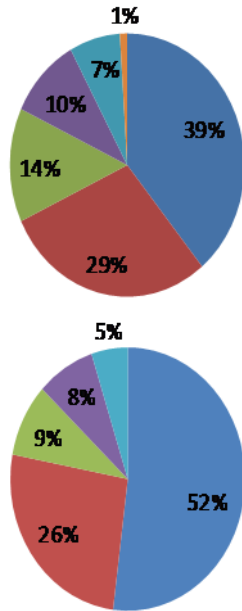
Every dollar given helps in our fight to stop child abuse and neglect right here in our community. We need you now more than ever.

To discuss donations of stocks, insurance policies, property, real estate or any other item of value please call Executive Director Susan Cato at 843.524.4350. Please consider making CAPA part of your estate plan.



## CAPA SPEAKERS' BUREAU

The Communications Committee is working hard to develop a Speakers' Bureau which will go out into the community to promote child abuse and neglect prevention and intervention, share the good works of CAPA and solicit funds and volunteers. If you know of a group or organization that would be open to or benefit from having a member of the Speakers' Bureau come to one of their meetings, please contact Gloria Duryea at 843.524.4350.



## FINANCIAL SNAPSHOT

### Funding Sources 2009

39% Grants & Fees  
29% Personal & Civic Contributions  
14% CAPA's Closet Thrift Store  
10% Special Fundraising Events  
7% United Way  
1% Miscellaneous

### Budget Allocation 2009

52% Shelter  
26% Outreach  
9% Thrift Shop  
8% Administrative  
5% Fundraising

## NEW PROGRAM ANNOUNCEMENT

At rape crisis centers across the country, experts are reconsidering efforts to prevent rape by engaging the male community in new ways. Historically, the violence prevention movement has focused its efforts on teaching victims how to prevent the crime. Most men will never be rapists and the vast majority of men can and do stand up against this heinous crime. However, more than 90% of reported rapes are committed by men. It is clear that men must be part of the solution if we are ever going to reduce the frequency of rape and sexual abuse in our area.

Thanks to a grant from the Wardle Foundation and United Way of the Lowcountry, CAPA has joined hands with two other local agencies that deal directly with victims of rape, domestic violence and child abuse - Citizens Opposed to Domestic Abuse (CODA) and Hope Haven of the Lowcountry - to form a collective partnership with Men Can Stop Rape (MCSR). MCSR is a national organization that seeks to address the root causes of rape and stop assaults before they occur. Through a variety of programs such as the Men of Strength (MOST) Club, MCSR mobilizes male youth to prevent violence against women by building the capacity of young men to challenge harmful aspects of traditional masculinity, value alternative visions of male strength and embrace their vital role as allies with women and girls in fostering healthy relationships and gender equity. Two local schools have agreed to serve as pilot sites and launched their own chapters of the MOST Club this year thanks to the efforts of their principals, Dr. Dan Durbin of Beaufort High School and Terry Bennett of Lady's Island Middle School.

## THANK YOU BARGAIN BOX, INC.

The Bargain Box, a financial supporter of CAPA for over 25 years, has announced that its board of directors and grants committee have approved a generous grant to CAPA toward its 2010 operating expenses. The Bargain Box, Inc., the oldest and largest charity thrift store on Hilton Head, has contributed over \$10 million to local charities from its proceeds.

CAPA staff and board of directors extend its sincere thanks to the volunteers, board members and staff of the Bargain Box for its 25+ years of donations.

## CAPA HAS A NEW WEBSITE!

Check out our new website!!!  
[www.capabeaufort.org](http://www.capabeaufort.org)  
Donations are accepted online through PayPal.

## CAPA'S OPEN ARMS SHELTER NEEDS THE FOLLOWING:

Paper products (*face tissues, paper towels, toilet paper, paper plates*)  
Ziplock bags (*storage and freezer, all sizes*)  
Toiletries (*toothpaste, toothbrush, shampoo, conditioner, soap, body wash*)  
Liquid detergent (*unscented*)  
Dishwasher soap  
Peanut butter  
Jelly  
Pasta  
Spaghetti sauce  
Rice  
Sugar  
Vegetable oil

## SAVE THE DATE!

**2nd Annual  
CAPA Angel Walk**  
**Saturday, April 24, 2010**



**Contact us for more information**

Phone: 843.524.4350  
Fax: 843.525.0070  
Email: [capa714@earthlink.net](mailto:capa714@earthlink.net)  
Websites: [www.capabeaufort.org](http://www.capabeaufort.org)  
[www.capaangelwalk.org](http://www.capaangelwalk.org)

**United Way**, supporting CAPA for 25+ years.



United Way of the Lowcountry, Inc.



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Thank you for helping CAPA break the cycle of child abuse through your generous donations.

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Rotary Club of Beaufort  
Making a Difference for Children in Foster Care  
National Volunteer Outreach Network, Inc.  
St. Helena Episcopal Church  
The Community Foundation  
United Methodist Women  
United Way of the Lowcountry  
Wal Mart  
Walmart Foundation  
Wardle Family Foundation

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