

CAPA's Elementary School-Based Child Abuse and Neglect Prevention Education is a comprehensive prevention program to effectively educate and empower children to recognize, interrupt, and report unsafe or uncomfortable behaviors and situations. CAPA combines Play It Safe![®] and Think First & Stay Safe![®] curricula (best practice, evidence-informed, and age-appropriate) to meet **Erin's Law** standards as required by the South Carolina Code of Laws and the State Board of Education.

Our program emphasizes every child's right to stay safe from abuse, neglect, harassment, bullying, cyberbullying, and grooming using proven prevention strategies, including assertiveness, advocacy, and increasing self-efficacy. Each lesson includes take-away resources and materials in English and Spanish, so children and their families can reinforce these concepts at home.

Pre-K through 2nd Grade lessons (30-60 minutes)

Pre-K Lesson 30 minutes *

Video: *Tick Tock* – Animated video teaching children about their inner alarm system and the private parts of their bodies.

Activity: PowerPoint "Who Could You Tell?" – Includes examples of touches and 3 Safety Steps

Handout: My Body Safety Coloring Sheets, 10 Tips for Teaching Safe, Unsafe and Confusing Touches

Kindergarten Lesson 30 minutes *

Video: *Tick Tock and the Twins* – Animated video teaching children about their inner alarm and what to do if they ever feel unsafe.

Activity: PowerPoint "Who Could You Tell?" – Includes examples of touches and 3 Safety Steps

Handout: Five Body Safety Rules Every Kid Should Know by Age 5

1st Grade Lesson 30 minutes

Video: *Mae Shares a Secret* – Animated video where Mae tells her grandfather that her mother's boyfriend is touching her private parts.

Activity: PowerPoint "Who Could You Tell?" – Includes examples of touches and 3 Safety Steps

Handout: 3 Safety Steps Coloring Sheet

2nd Grade Lesson 45-60 minutes

Video: *Bentley's Big Production* – Bentley is making a movie about child safety and reducing risk.

Activity: PowerPoint "Who Could You Tell?" – Includes examples of touches and 3 Safety Steps

Handout: My Body Safety Rules

3rd through 5th Grade lessons (45-60 minutes)

3rd Grade Lesson #1 60 minutes

Video: *Vat Would You Do?* – Animated video about a girl who is sexually abused by a babysitter and a boy who is physically abused by his father. Both learn that telling an adult will stop the abuse and keep them safe.

Activity: Open class discussion about the three different types of touches, three safety steps and good vs. bad secrets.

Handout: You are the Boss of Your Body!

3rd Grade Lesson #2 60 minutes

Video: *Tom's Secret* – Animated video about a boy who is sexually abused by his friend's brother and struggles with keeping the secret.

Activity: Lesson 1 Review PowerPoint, Kahoot! Game

Handout: 10 Ways for Teens and Tweens to use the Internet Safely and Responsibly, Protecting Your Child on Social Media

4th Grade Lesson #1 60 minutes

Video: *Chase Steps Up* – Chase is being abused by his uncle and finally tells his coach what is happening.

Activity: Open class discussion about the three different types of touches, three safety steps and good vs. bad secrets.

Handout: How to Rock the Talk on Body Safety and Keep Kids Safe from Sexual Abuse

4th Grade Lesson #2 60 minutes

Video: *It's Harassment* - Why it is not okay to make fun of someone because they are different.

Activity: Lesson 1 Review PowerPoint, Bullying PowerPoint, Kahoot! Game

Handout: Mindfulness Coloring Sheet, The Six Different Types of Bullying

5th Grade Lesson #1 60 minutes

Video: *Aiden's Discovery* - A girl finds out what abuse is and reports sexual abuse happening to her at school.

Activity: Open class discussion about the 4 major types of child abuse, three safety steps and good vs. bad secrets.

Handout: Tips for Kids

5th Grade Lesson: #2 60 minutes

Video: *Survivors* – Through animated drawings, two young adult survivors tell their stories of abuse, coping, and recovery.

Activity: Lesson 1 Review PowerPoint, Grooming PowerPoint- discusses the subtle, gradual, and escalating process that sexual abusers use to build trust with kids and their caregivers, Kahoot! Game

Handout: Mindfulness Coloring Sheet, The Six Different Types of Grooming Behaviors

*Tick Tock is an animated dog wearing a clock. The videos starring Tick Tock are in no way affiliated with the social media platform TikTok.

Note: Children in grades 3-5 are pre and post assessed to measure program outcomes.