



CAPA's Middle School-Based Child Abuse and Neglect Prevention Education is a comprehensive prevention program to effectively educate and empower children to recognize, interrupt, and report unsafe or uncomfortable behaviors and situations. CAPA combines Play It Safe!® and Think First & Stay Safe® curricula (best practice, evidence-informed, and age-appropriate) to meet **Erin's Law** standards as required by the South Carolina Code of Laws and the State Board of Education.

Our program emphasizes every child's right to stay safe from abuse, neglect, harassment, bullying, cyberbullying, and grooming using proven prevention strategies, including assertiveness, advocacy, and increasing self-efficacy. Each lesson includes take-away resources and materials in English and Spanish, so children and their families can reinforce these concepts at home.

6th through 8th Grade Lessons

6th Grade Lesson 60 minutes

Video: *An Abuse of Power* – In an age-appropriate manner, this movie addresses how sexual predators exert power and control over children.

Activity: PowerPoint “Abuse of Power” - Introduces how sexual predators manipulate and exploit their victims, Scenario Story Q&A, Kahoot! Game

Handout: Sexual Abuse & Grooming Behaviors

7th Grade Lesson 60 minutes

Video: *Sexting & Cyberbullying: Can't Take it Back* - We look at the impact and consequences of sexting and cyberbullying through a video diary.

Activity: PowerPoint “Sexting & Online Safety” – Explains sexting and its consequences; how to stay safe online, Kahoot! Game

Handouts: Sexting and Cyberbullying, Helpful Tips for Parents about Teens and Cell Phone Safety

8th Grade Lesson 60 minutes

Video: *Relationships: Paint Them Healthy* – Addresses healthy and unhealthy aspects of a relationship: mutual respect, boundaries, jealousy and control, and communication skills.

Activity: PowerPoint “Healthy Relationships” - Introduces what healthy and unhealthy relationships look like, the destructive behaviors to look for, and how to safely end an abusive relationship, Kahoot! Game

Handouts: Mindfulness Coloring Sheet, Relationships: Paint them Healthy

CAPA will provide topic specific lessons upon request.